



## WEIL'S DISEASE INFORMATION SHEET

### WEIL'S DISEASE

Weil's Disease is caused by an organism which is present in many rivers, lakes and estuaries. There is a small chance of contracting the disease while taking part in water-based outdoor activities.

Weil's Disease responds very well to early treatment. Left untreated, it has occasionally proved fatal.

Sensible precautions should be taken to minimise the risk. You will be told about these by your teacher, group leader or instructor.

The early symptoms of the disease are similar to influenza and include headache, temperature, and joint and muscle pains.

If you fall ill with these symptoms, within three weeks of taking part in water-based activities, you should see your doctor immediately and show this sheet.

### NOTICE TO STUDENTS AND PARENTS

### WEIL'S DISEASE

The holder of this sheet has recently taken part in water sports or other water-based outdoor activities organised by a County School, Youth Group or Water Sports Centre.

Cases of Weil's Disease (Leptospirosis) have occurred in this region. You may care to consider this in your diagnosis.

Urgent treatment is essential for Weil's Disease. Advice on laboratory diagnosis may be obtained from your local hospital's Microbiology Department.

Thank you for your cooperation. For further information, please contact your local consultant Microbiologist.

Issued by Neptune Sailing – Water Sports Centre

For further information please contact: [secretary@neptunesailing.org.uk](mailto:secretary@neptunesailing.org.uk)

### NOTICE TO GENERAL PRACTITIONERS